

# March 2017



Sun      Mon      Tue      Wed      Thu      Fri      Sat

## celebrating St. Patrick's Day!



8:00 News & Views 8:30 Fitness Fun 9:00 Salon Svs / Beauty Hr (QR) 9:45 BINGO 10:00 Casino Games 11:00 7 11 Game/Table Topics 1:00 Calypso Music	<u>Dr. Suess Day!</u> 8:00 Morning Greet & News 8:30 Fitness Fun 9:30 Yoga w/ Dorian (Rehab) 9:45 Brain Games: Dr. Suess! 10:00 Choir Group (QR) 11:00 Entertainment	2 8:00 Morning Greet & News 8:30 Fitness Fun 9:45 Chair Aer / Men's Club (QR) 10:00 Health Ed. (Ru.) (QR) 11:00 Spring Crafts/ Karaoke 1:00 Latin Music	3 Hightlights for March St. Patrick's Celebration Adult Enrichment Program Garden Club National Nutrition Month Walking Group
--	--	---	---

5 8:00 Morning Greet & News 8:30 Socialization / Fitness Fun 9:45 POKENO 10:00 Walking Group/ ESL (QR) 11:00 Health Ed (Eng)/ Spring Crafts (QR) 1:00 80's Music	6 8:00 Meet & Greet 8:30 Socialization / Fitness Fun 9:30 Gardening Club 10:00 Art Group (QR) 11:00 Entertainment w/ Juan 1:00 Word of The Day	7 8:00 News & Views 8:30 Table Talk (QR) / Fitness Fun Trip:Al. Wholesale Liquidators 9:45 Box Bingo 10:30 Word Games 11:00 Needle Work (QR) 1:00 Latin Music	8 8:00 News & Views 8:30 Socialization / Fitness Fun 9:30 Yoga w/ Dorian (Rehab) 10:00 Choir Grp (QR) 11:00 Entertainment 1:00 Meditation Group	9 8:00 Morning Greet/ News 8:30 Fitness Fun 9:30 Religious Event (QR) 10:00 Chair Aerobics/ Refreshments 11:00 Rabbi (QR)/ Friday Movie! 1:00 Tango Music	10 DYLIGHT 1 SAVINGS TIME 
--	--	--	---	--	--

12 8:00 Morning Greet & News 8:30 Exercise 9:45 Table Games (QR) Trip: Bronx Museum 11:00 Movie 1:00 Soft Rock Music	13 8:00 Meet & Greet 8:30 Socialization/ Exercise 9:30 Gardening Club 10:00 Art Grp (QR) / Word Games 11:00 "P" Day Celebration w/ Juan (QR) 1:00 Motown Music	14 8:00 News & Views 8:30 Table talk (QR) / Fitness Fun 9:00 Salon Svs / Beauty Hr (QR) Trip: Home Depot 10:00 BINGO 11:00 <b>Fit Hockey/ Discussion Grp</b> 1:00 Country Music	15 8:00 Greet & News 8:30 Socialization/ Fitness Fun 9:30 Yoga w/ Dorian (Rehab) 10:00 Choir Grp (QR) 11:00 St. Patrick's Day Celebration! 1:00 Irish Times	16 Green Day! 8:00 Morning Greet & News 8:30 Socialization/ Fitness Fun 9:45 Chair Aerobics/ Men's Club 10:00 Health Ed. (QR)/ Karaoke 11:00 Family Feud! 1:00 Irish Music	18 PURIM HAMANTASCHEN 
--	--	--	---	---	---------------------------------

19 8:00 Morning Greet & News 8:30 Exercise 9:45 Table Games Trip: Grassy Sprain Diner 11:00 Active Games 1:00 Word Search	20 8:00 Greet & News 8:30 Fitness Fun 9:30 Gardening Club 10:00 Art Group (QR) 11:00 Welcome Spring! w/ Juan 1:00 Question Of The Day	21 8:00 Morning Greet & News 8:30 Fitness Fun Trip: K-nart 9:30 Bingo 11:00 Needle Work (QR) 1:00 Salsa Music	22 8:00 Greet & News 8:30 Socialization/ Fitness Fun 9:30 Yoga w/ Dorian (QR) 10:00 Chair Grp(QR)/ Brain Teasers 11:00 Entertainment 1:00 Soul Music	23 8:00 Greet & News 8:30 Fitness Fun 9:30 Religious Event (QR) 10:00 Chair Aerobics 11:00 Rabbit Visit (QR)/Movie! 1:00 Word Search	25 Get A Look At SPIN 
---	---	---	--	--	---------------------------------

26 8:00 Greet & News 8:30 Socialization / Exercise 9:45 Fitness Fun Trip: Jo-Ann Crafts 11:00 Movie & Refreshments 1:00 Alternative Music	27 8:00 Meet & Greet 8:30 Mens/ Fitness Fun 9:30 Gardening Club 10:00 Art Group (QR) 11:00 Entertainment w/Juan 1:00 Country Music	28 8:00 News & Views 8:30 Fitness Fun 9:00 Salon Svs / Beauty Hr (QR) Trip: Undermyer Garden Park 9:45 BINGO 11:00 7 11 Game/Table Topics 1:00 Word Searches	29 8:00 Greet & News 8:30 Socialization/ Fitness Fun 9:30 Registrar Council Meeting 11:00 Birthday Celebration! 1:00 Lite Music	30 8:30 Greet & News 8:30 Fitness Fun 9:00 Pet Therapy 9:30 Health Ed. Ru. (QR) 10:00 Chair Aerobics/ Men's Club/QR 11:00 Karaoke 1:00 Word Search	31 March is National Cough Month 
---	--	---	--	---	--