

“ WE CARE, BECAUSE WE CARE ”

THE

Bainbridge  
Day Care  
Center

NEWS R

January / 2017

Report

## Included Inside This Issue:

News  
and  
Events

Photos

February  
Birthdays

Points  
to  
Ponder  
of the  
Month

February  
Trips  
and  
Calendar

Words from the Desk of...  
Lilian Teska, Program Director

**2016 Thank You For All The Lessons...**

**2017, We Are Ready!**

*We here at The Bainbridge Center have decided that this will be an amazing year!*

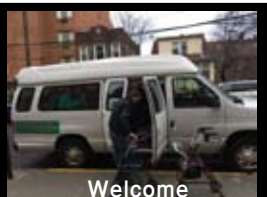
*Change is not necessarily a bad thing, according to the dictionary,  
“CHANGE: To make or become different; Take or use another instead of”*

*Therefore we here at Bainbridge welcome change!*

*Happy New Year from our family to yours!*



Welcome Back  
Adriana  
Marketing Director



Welcome  
Great Express  
Transportation  
Services!



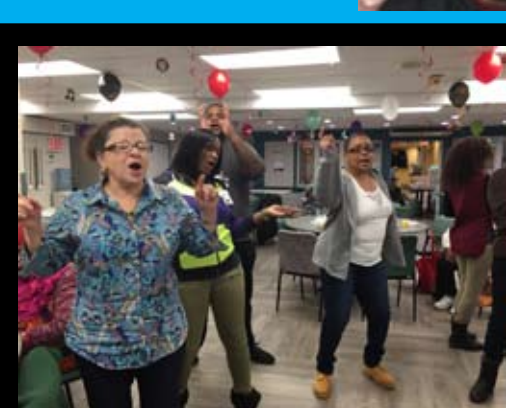
**BAINBRIDGE**  
ADULT DAY CARE CENTERS

**718-653-2273**  
**3518 Bainbridge Ave**  
**Bronx NY 10467**

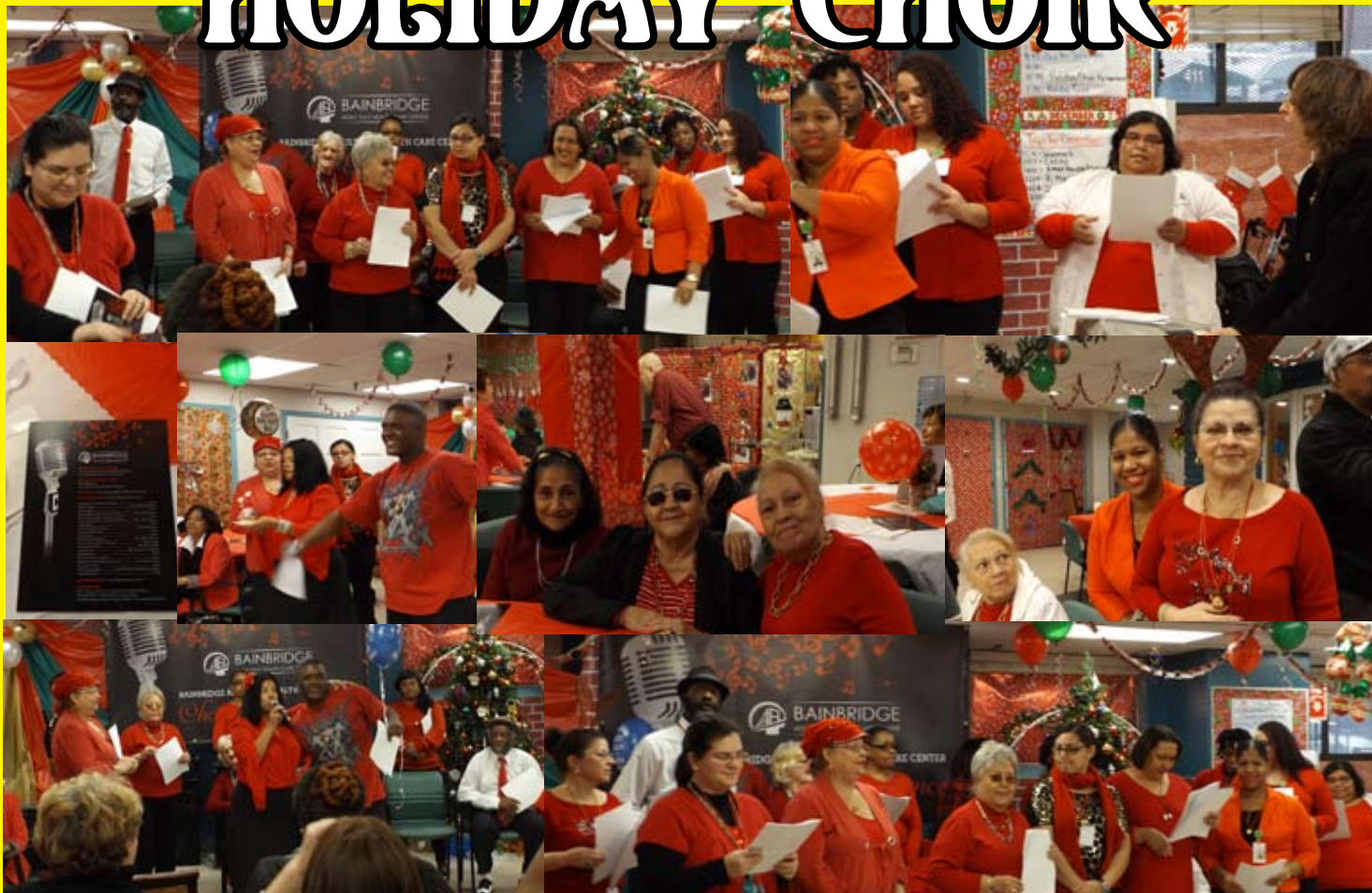
**WWW.BAINBRIDGEDAYCARES.COM**



**PET VISITS  
WITH SELO**



# HOLIDAY CHOIR



A TRIBUTE TO ELVIS PRESLEY'S BIRTHDAY MONTH

# CELEBRATING THE FIFTIES



# January Highlights

\* GREAT EXPRESS TRANSPORTATION HAS JOINED US AND IS DOING A GOOD JOB SO FAR! BOTH REGISTRANTS & STAFF ARE VERY HAPPY!

\* THE MONTH OF JANUARY HAS BEEN A BUSY TIME HERE AT BADHC. WE HAD NEW FLOORS INSTALLED IN OUR CENTER, AND THE PLACE LOOKS BEAUTIFUL!

\* TWO NEW HAIR STYLISTS, BEVERLY & PATRICIA, HAVE JOINED OUR TEAM. THE SALON CONTINUES TO OPEN EVERY OTHER WEDNESDAY.

\* WE CELEBRATED THE NEW YEAR WITH A PARTY—HORNS, NOISE MAKERS, ETC.

\* LITTLE CHRISTMAS WAS CELEBRATED AND ALL OF OUR STAFF AND REGISTRANTS RECEIVED A WONDERFUL GIFT FROM ADMINISTRATION—THANKS! WE LOVE OUR NEW GLOVES!

\* THE CHORAL GROUP PERFORMED AT A LOCAL TRANSITIONAL HOME—THANK YOU EVERYONE FOR SPREADING YOUR CHEER TO OTHERS!

\* WE CELEBRATED ELVIS PRESLEY'S BIRTHDAY WITH A FIFTIES CELEBRATION!

\* THE CHINESE NEW YEAR CELEBRATION WAS A SUCCESS—ALL OUR REGISTRANTS RECEIVED A BRACELET FOR LUCK WITH A HAND-MADE CARD (MADE BY OUR CHINESE REGISTRANT SUNNY). GUNG HO FA CHOY!

\* WELLNESS PROGRAM





A Bilingual Family Discussion Game  
With Recreation

## POINTS TO PONDER

*Some of our  
Thoughts of the Day  
this month were:*

- \* *How do you take a compliment?*
- \* *What's the next thing you need to get rid of?*
- \* *To what extent do you care what people think?*
- \* *What place can you go to that makes you feel good?*
- \* *What do you now know how to handle on your own that you used to seek out advice about?*

# A PEEK INTO SOME OF OUR FEBRUARY AGENDA

- *Gearing up for the Bainbridge Spring Choir*

We will begin rehearsals this month for this year's Spring Concert

***SIGN UP NOW!***

Choir meets every Thursday morning at 11:00

- Healthy Heart Month Red Fashion Show:

***SIGN UP NOW!!***

- Valentine's Day Celebration
  - Mardi Gras Party
  - Monthly Birthday Party
  - President's Month Events
- Therapeutic Recreation Month Events
  - Black History Month events
  - Pet Therapy Visit with Joi



**Yoga Class  
with Dorian**



## February Trips

February 1st:

**CASINO GAMES**

February 5<sup>th</sup>:

**DOLLAR TREE**

February 8<sup>th</sup>:

**AMAZING SAVINGS**

February 12<sup>th</sup>:

**WALMART**

February 15<sup>th</sup>:

**KOHL'S SHOPPING STORE**

Feb 22<sup>nd</sup>:

**MICHAEL'S CRAFT STORE**

February 26<sup>th</sup>:

**NATIONAL LIQUIDATORS**

## Be My Valentine!

S	Y	R	A	U	R	B	E	F	F	N	O	R	Y	Z	D	S	S
R	E	C	U	A	H	C	Y	E	R	F	F	O	E	G	N	R	U
E	W	T	M	G	A	A	K	S	H	P	L	H	D	D	E	E	R
X	B	P	A	R	Q	I	P	T	I	A	I	E	I	B	I	W	P
B	L	O	R	L	N	A	N	N	I	T	T	A	P	A	R	O	R
E	O	O	U	D	O	E	K	C	E	I	J	R	U	E	F	L	I
U	W	Y	N	Q	E	C	E	A	H	V	Y	T	C	H	L	F	S
S	E	E	F	T	U	P	O	W	N	X	G	S	X	N	R	O	E
Q	S	C	R	R	S	E	H	H	V	A	L	E	N	T	I	N	E
S	R	U	N	E	I	X	T	S	C	Y	D	N	A	C	G	L	W
D	O	O	Z	A	F	E	V	H	U	S	A	I	N	T	D	O	O
F	G	C	S	H	M	I	N	V	G	L	J	Z	O	E	A	V	B
P	S	C	H	E	I	O	W	D	L	U	B	B	R	Z	V	E	M
J	Y	J	C	M	S	F	R	H	U	S	B	A	N	D	R	A	C

hearts

romance

flowers

candy

blush

love

Cupid

bow

arrows

surprise

pink

white

red

valentine

kindness

special

card

chocolates

saint

boyfriend

girlfriend

husband

wife

bouquet

roses

February

fourteenth

To answer the trivia question, look for words or phrases that are hidden in the puzzle, but not in the word list.

**Trivia:** The first recorded associations of Valentine's Day with love can be traced to this English author.

**Answer:** \_\_\_\_\_



## Rehab Fitness

Daily program with Mikko

### February Birthdays

Mercedes C. 2/6  
 Sonia G. 2/8  
 Valentina B. 2/12  
 Peter J. 2/26  
 Juan C. 2/27  
 Eleanor E. 2/28

Happy Birthday to All Our Celebrants!

### Welcome To:

**Celina Duran**  
 Social Worker  
**Madelyn Baldera**  
 Recreation  
**Patricia M**  
 Lehman Intern

### Welcome Back to:

**Adriana**  
 Marketing Director

### Spanish Club Contributions

*Vive el presente sin olvidar el pasado  
pero siempre mirando hacia el futuro.*

*.La vida me enseñó que cada momento  
feliz hay que disfrutarlo como si fuese  
el ultimo.*

*Live in the present without forgetting  
the past but always looking to the future*

*Life taught me that every happy  
moment have to enjoy it as if it were the  
last.*

